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2<sup>nd</sup> March 2020

Dear Parent/Carer,

The following advice regarding the coronavirus was issued by Public Health England to schools. We will continue to follow all guidance issued by the local authority and Public Health England in relation to how a school should deal with any outbreak, should one occur.

#### How likely are you to catch the virus?

- You can only catch it if you have been close to a person who has the virus.
- The chance of being in contact with the virus is currently low in the UK.
- If you have travelled to areas where many people are infected, your chance of catching the virus is higher (see list below).

#### How serious is the coronavirus?

- It can cause flu-like symptoms, including fever, cough and difficulty breathing.
- The infection is not serious for most people, including children.
- There is currently no vaccine.
- Most people get better with enough rest, water to drink and medicine for pain.

#### How can you stop coronavirus from spreading?

- Washing your hands often – with soap and water, or use alcohol sanitiser if handwashing facilities are not available. This is particularly important after taking public transport.
- Covering your cough or sneeze with a tissue, then throwing the tissue in a bin. Catch it, Bin it, Kill it.
- People who feel unwell should stay at home and should not attend work or any education or childcare setting.
- Students, staff and visitors should wash their hands:
  - before leaving home;
  - on arrival at school;
  - after using the toilet;
  - after breaks and sporting activities;
  - before food preparation;
  - before eating any food, including snacks;
  - before leaving school.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are unwell.

If you are worried about your symptoms or those of a child or colleague, please call NHS 111. Do not go directly to your GP or other healthcare environment.

#### Traveller Advice (as of 2nd March 2020)

1) If you have returned from the following areas since February 19, call NHS 111 to inform them of your recent travel, stay indoors and avoid contact with other people even if you do not have symptoms:

- Wuhan City and Hubei province, China (returned in the past 14 days)
- Iran
- Any Italian town under containment measures
- Daegu or Cheongdo (Republic of Korea)

2) If you have returned from the following areas since February 19<sup>th</sup>, you do not need to undertake any special measures, but if symptoms develop you should self-isolate and call NHS 111.

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|-------------------|----------------------|
| • Cambodia        | • Malaysia           |
| • China*          | • Myanmar            |
| • Hong Kong       | • Republic of Korea* |
| • Northern Italy* | • Singapore          |
| • Japan           | • Taiwan             |
| • Laos            | • Thailand           |
| • Macau           | • Vietnam            |

\*Except areas of the country specifically referred to in Section 1.

Information for the public can be found by visiting, <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

Thank you for your continued support.

Yours sincerely,

Ms R Bradbury  
Principal

