

# ***MEA Community News***

## **Keeping us connected during the Academy closure**

19 June 2020

Welcome to this edition of our parent newsletter **MEA Community News** where we keep you up to date with important information in relation to the Academy and your child's education as well as providing other articles and tips we hope you will find interesting during these strange and challenging times.

Keep safe & stay well – **Ms Bradbury & the MEA Team**

### **Home Learning – Microsoft Teams**

We have now completed the first cycle of remote learning via MS Teams and would like to say a huge **thank you** to all of the students who are communicating with teachers and completing their classwork and assignments. Students have been really engaged and are really enjoying being able to 'talk' to teachers about their work! Can we remind you to complete the lessons first and then complete your assignments - that way you will find your assignments much easier to do!

If you are having trouble accessing MS Teams please let us know during our welfare calls and we will help you get connected.

MS Teams can be downloaded from the App Store on a mobile phone or tablet, or can be found on a laptop by doing an internet search for 'Microsoft Teams.' The link below will take you to the webpage to download MS Teams for a desktop or mobile device.

<https://www.microsoft.com/en-gb/microsoft-365/microsoft-teams/download-app#desktopAppDownloadregion>

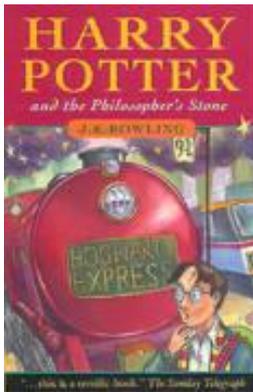
Students log in using their school email address [Firstname.Surname@meacad.org.uk](mailto:Firstname.Surname@meacad.org.uk) and the password they normally use for this account. Passwords can be reset by emailing [teamsupport@meacad.org.uk](mailto:teamsupport@meacad.org.uk).

If you need more support, visit our website and click on the 'School Closure' tab then the 'Microsoft Teams' page where you will find a link to a **video tutorial** that shows you how to navigate MS Teams.



### **Year 10 and Year 12 Provision**

This week we welcomed Year 10 and Year 12 back to the Academy for subject lessons, a Fantastic Futures session, and an Independent Study tutorial. It was lovely to see you all, and teachers really enjoyed being able to teach you again! Attendance has been excellent, and we encourage all students to attend. Those who have been in have all found the sessions really useful in helping them access their remote learning via MS teams. We look forward to seeing you all again next week.



### MEA Loves Reading

This week's chosen novel is **Harry Potter and the Philosopher's Stone**; you can find a member of staff reading the first chapter of this, and books from previous weeks, on our website along with links to download an audio or pdf copy of all of the chosen books so you can enjoy the rest for yourself!

### National Sport Week at Home (20<sup>th</sup> – 26<sup>th</sup> June)

The image is a promotional graphic for National School Sport Week 2020 At Home. It features a red background on the left with white text and logos. The logos include the Youth Sport Trust logo (three stylized figures), the text 'YOUTH SPORT TRUST', 'NATIONAL SCHOOL SPORT WEEK 2020 AT HOME', and 'supercharged by sky sports'. On the right, there is a photograph of two young girls in white t-shirts and dark leggings performing handstands on a blue mat. A red banner at the bottom of the photo reads 'Saturday 20 – Friday 26 June' and a white banner below it reads '#NSSWtogether'.

Youth Sport Trust and Sky Sports have teamed up to unite the country through sport with **National Sport Week at Home** starting this Saturday.

The campaign takes place every year to celebrate the importance of PE in enhancing young people's wellbeing. This year the campaign is challenging people to take on their friends and families in virtual sporting challenges.

You can register for free on the website <https://www.youthsporttrust.org/national-school-sport-week-home> and you will be sent resources to help plan your challenges.

As always, MEA's PE department will be engaging with the campaign and posting activities and challenges on their twitter page [@MEA\\_PE\\_Dept](https://twitter.com/MEA_PE_Dept). Keep checking to see what they are up to and join in!

## Health & Wellbeing

**The Emergency Fund for Unpaid Carers** offers support to those looking after their loved ones with illnesses or disabilities in Manchester. Grants are available for transport costs (including taxis) or fuel, furniture, emergency food deliveries etc.

If you know a carer who needs additional support please encourage them to apply. Applicants must be aged 16+. You can apply online at [https://secure.manchester.gov.uk/info/200015/carers/3649/caring\\_for\\_someone/2](https://secure.manchester.gov.uk/info/200015/carers/3649/caring_for_someone/2) alternatively, if you need support with your application please contact the Manchester Carers Centre Tel: 0161 27 27 270 or email: [admin@manchestercarers.org.uk](mailto:admin@manchestercarers.org.uk)

## Domestic Abuse: Support for our Community

The Covid-19 pandemic is a dangerous time for people experiencing domestic abuse. There is evidence of a rise in calls for support during this period.

Domestic abuse can be any incident of threatening behaviour, violence or abuse (psychological, physical, sexual, financial or emotional) between people who are or have been intimate partners or family members, regardless of gender. This includes forced marriage and abuse within same sex relationships. Domestic abuse can affect anyone, whatever your background. It can happen at any point in a relationship, including after you have split up. Anyone forced to change their behaviour because they are frightened of their partner or ex-partner's reaction is experiencing abuse.

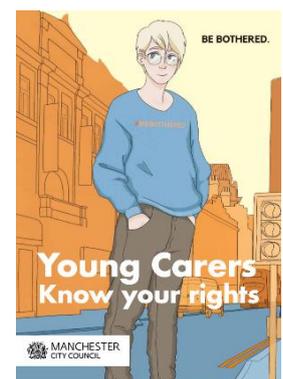
**Domestic abuse is never the fault of the person who is experiencing it. Domestic abuse is a crime.**

For more information about how to access support if you are experiencing domestic abuse, please visit our website <https://www.manchesterenterpriseacademy.org.uk/1690/domestic-abuse-support-for-our-community>

## Young Carers Rights

Are you a young carer or do you know someone who is? If so, Manchester City Council have produced an easily accessible booklet to understand more about the role of young carers and the support available to those who are young carers.

A copy can be found here, <https://www.gaddumcentre.co.uk/wp-content/uploads/2020/01/Young-Carers-Rights-FINAL.pdf>

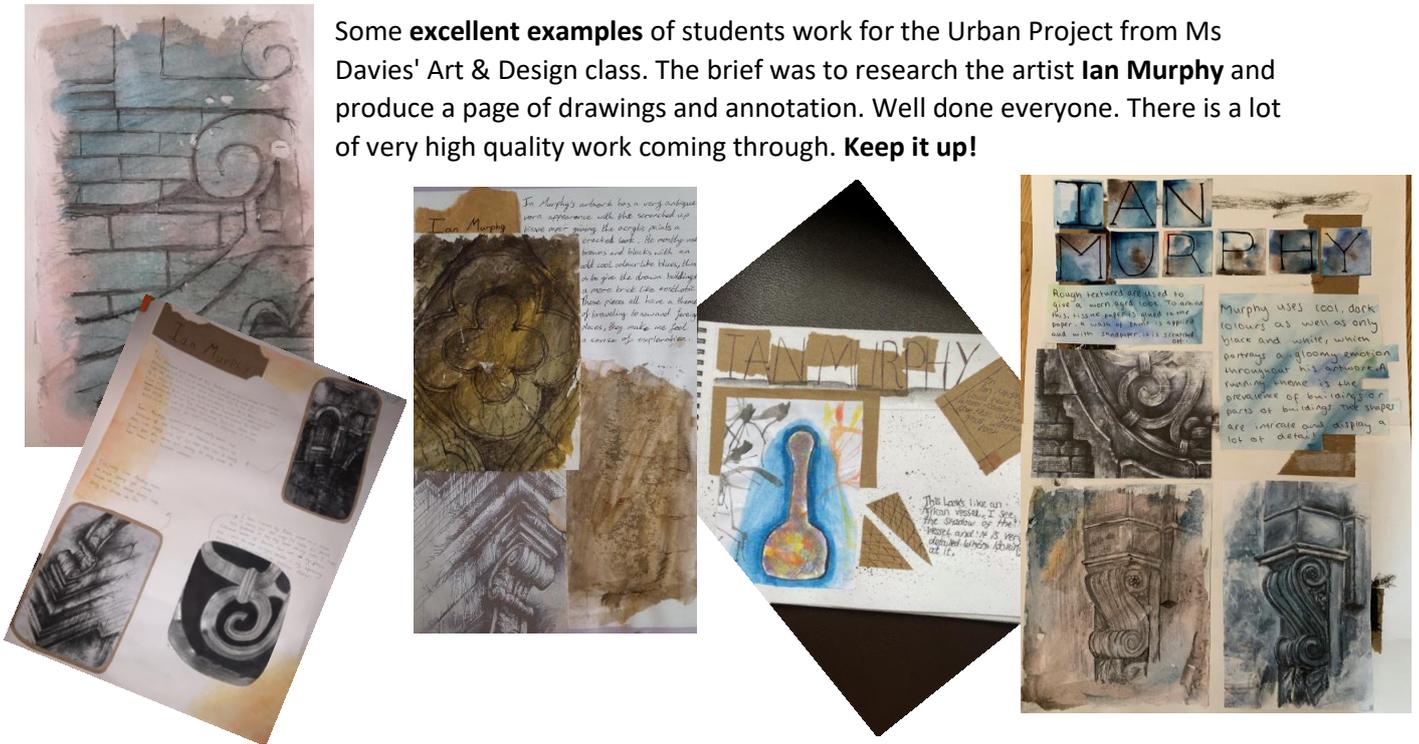


## Parenting Support Virtual Drop-in

**Manchester Family Learning** are offering their virtual drop-in sessions for families that are struggling with challenging behaviours at home **every Wednesday at 2pm**. If you would like to learn how to help your children, meet other parents who are in a similar situation to you and share your dilemmas and ideas, you can sign up to a session via this link <https://forms.gle/671UDqengR6YJnB48>

## MEA Art Remote Learning (Y10)

Some **excellent examples** of students work for the Urban Project from Ms Davies' Art & Design class. The brief was to research the artist **Ian Murphy** and produce a page of drawings and annotation. Well done everyone. There is a lot of very high quality work coming through. **Keep it up!**



## MEA Xtras @ Home



The Greater Manchester Youth Combined Authority has produced a **Creative Care Kit** which contains a wealth of a creative activities aimed at supporting young people's wellbeing, everything from Stick People Street Dance and how to create an Origami Crane to creative writing activities.

The pack can accessed via the following link:

<https://greatermanchester-ca.gov.uk/media/3020/creative-care-kit-young-people.pdf>

Remember to keep checking the **School Closure – MEA Xtras** area of our website for more suggestions of activities students can engage with alongside completing their home learning. New activities are added regularly and the latest edition **First News**, the UK's only newspaper for children, is uploaded each week.

## Cycle Confidence Sessions

**Transport for Greater Manchester** are offering free cycling confidence and skills sessions which are available one-to-one or for families whether you are a beginner looking to learn to ride, are looking for the skills to ride on the road with traffic and other road users or need guidance on how to cycle safely as a family group on the road. Sessions can be booked on the TFGM website <https://tfgm.com/cycling/training>



## BNF Healthy Eating Week @ Home (22<sup>nd</sup> – 28<sup>th</sup> June)

The British Nutrition Foundation is running a weeklong virtual event aimed at encouraging people of all ages to increase their knowledge of healthy eating, wellbeing and the benefits of cooking.

There are seven daily challenges, which are supplemented by resources on their website:

1. Eat well
2. Eat more wholegrains
3. Have 5 A DAY
4. Drink plenty
5. Move more
6. Be mind kind - help a friend or neighbour
7. Try something new and keep going



Supported by twice daily cooking sessions at 10am and 2pm, where the recipe will be provided and you can either just watch or cook-a-long!

- **Monday** 10am Quick and easy perfect pizza / 2pm Veggie coconut curry
- **Tuesday** 10am Breakfast fruit wholegrain crunch / 2pm Tuna & spinach whole wheat pasta bake
- **Wednesday** 10am Veggie sticks with mackerel dip / 2pm Mini crustless quiches
- **Thursday** 10am Pea soup with quick flatbread / 2pm Kofta lollypops
- **Friday** 10am Blueberry wedges / 2pm Fish fingers & bro-chips

Full details are on the website <https://www.nutrition.org.uk/healthyliving/hewathome.html>

## Keep in Touch

If you have a recipe idea, book recommendation or an activity you've enjoyed whilst at home, e-mail the details to [admin@meacad.org.uk](mailto:admin@meacad.org.uk) and we'll include some each week in the newsletter so everyone at MEA can try them out!

